

Become a Personal Trainer - Benllech, Anglesey, Wales**Price £0****AD**Ad URL: <https://loot.com/17176513>

Ad reference number #17176513

**DEALER**

Reps.co.uk

info@adview.online**DESCRIPTION**

Ad Type:

Offered

Posted on:

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DESCRIPTION

- Qualify as a Personal Trainer from home - Study online and become a PT in 12 weeks - 3 Years Career Support - Guaranteed Interviews with industry leading gyms and health clubs

Opportunity Description

Are you a fitness fanatic passionate about keeping fit and promoting a healthy lifestyle? Would you like to build a career in fitness and help others achieve their own personal goals? Here at The Training Room we specialise in helping individuals become qualified in their dream career by aligning them with an industry recognised course which has been designed to provide the education and support needed to achieve an Active IQ Level 3 Diploma in Gym Instructing and Personal Training. The course includes the following components:

- Active IQ Level 2 Certificate in Gym Instructing - Covers health, safety and welfare within a fitness environment - Learn about the anatomy and physiology for exercise - Learn the principles of fitness, health and exercise - Learn how to plan gym-based exercise - Learn how to instruct gym-based exercise
- Active IQ Level 3 Certificate in Personal Training - Learn about the anatomy and physiology for health and exercise - Learn how to apply the principles of nutrition to a physical activity programme - Learn about programming personal training with clients - Learn how to deliver personal training sessions

The following 3 Certificates are also

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included - The Training Room Certificate in Studio Cycling - The Training Room Certificate in Metabolic Circuit Training - The Training Room Certificate in Gym Based Boxing We are dedicated to the success of our graduates and are proud to be partnered with the biggest names in the UK fitness arena, companies such as PureGym, Fitness First, The Gym and Nuffield Health. Our partners guarantee interviews and meet the manager sessions to graduates of The Training Room Level 3 course. **CLICK APPLY** to find out more about how we can help you get started in your dream job!

BASIC INFO

Job Type: | Permanent